

# When traveling with YORVIPATH® (palopegteriparatide)

## My YORVIPATH travel checklist

- ✓ **I have enough YORVIPATH and needles for the duration of my trip.**  
You should bring extra supplies just in case there are any unexpected travel delays. You may need to show prescription labels when traveling with medication, so also check ahead of time about domestic and international requirements.
- ✓ **I have packed my YORVIPATH pen and needles in my YORVIPATH travel kit.**  
It's easier to find your supplies if you keep them all together in one place.
- ✓ **My YORVIPATH is easily accessible while traveling.**  
If traveling by plane, YORVIPATH should be stored in your carry-on for immediate access and temperature control. During your trip, continue to take YORVIPATH exactly as your doctor has instructed and at the same time every day.
- ✓ **My accommodations have a refrigerator available for medication.**  
This is helpful if you are bringing extra YORVIPATH pens that need to be refrigerated. Call your hotel or accommodations ahead of time to ask about storage options. Until first use, store YORVIPATH in the refrigerator.\*
- ✓ **I have my medical records handy.**  
Consider bringing a medical alert bracelet or card with you. Items like these can help inform healthcare providers of your medical needs. If you have an iPhone, you can set up your Medical ID on the Health app to include hypoparathyroidism in the medical conditions section, in case you ever need emergency help.

\*Do not freeze. Store away from heat. Keep YORVIPATH in the packaging to protect from light. Until first use, store YORVIPATH in the refrigerator between 2°C to 8°C (36°F to 46°F). After first use, store YORVIPATH for 14 days at room temperature below 30°C (86°F). After each use, remove the needle and put the pen cap on to protect from light. Discard the prefilled pen 14 days after first use.

## IMPORTANT SAFETY INFORMATION AND USE

### What is YORVIPATH® used for?

YORVIPATH is a prescription medicine used to treat adults with low parathyroid hormone (PTH) (hypoparathyroidism).

- It is not known if YORVIPATH is safe and effective in people who have been recently diagnosed with hypoparathyroidism after surgery, or if it is started in people with low levels of calcium in the blood.
- It is not known if YORVIPATH is safe and effective in children.
- YORVIPATH should not be used in children and young adults whose bones are still growing.

### What is the most important information I should know about YORVIPATH?

YORVIPATH may cause serious side effects, including:

- **High levels of calcium in the blood (hypercalcemia).** YORVIPATH can cause some people to have higher blood calcium levels than normal. Your healthcare provider should check your blood calcium before you start and during your treatment with YORVIPATH. Tell your healthcare provider right away if you have nausea, vomiting, dizziness, feeling thirsty, confusion, muscle weakness, or irregular heartbeat. Hypercalcemia is more likely to occur within the first 3 months of starting YORVIPATH, but it may occur at any time.
- **Low levels of calcium in the blood (hypocalcemia).** People who stop using, miss, or change a dose of YORVIPATH may have an increased risk of low blood calcium levels, but hypocalcemia may occur at any time. Tell your healthcare provider right away if you have tingling in your fingertips, toes, lips or tongue, muscle spasms or cramps, oral numbness, depression, have problems thinking or remembering, abnormal heart rhythms, or seizures.
- **Possible bone cancer (osteosarcoma).** Tell your healthcare provider right away if you have pain in any areas of your body that does not go away or any new or unusual lumps or swelling under your skin that is tender to touch. These are some of the signs and symptoms of osteosarcoma and your healthcare provider may need to do further tests.

### Who should not take YORVIPATH?

Do not use YORVIPATH if you are allergic to palopegteriparatide or any of the other ingredients in YORVIPATH.

### What should I tell my healthcare provider before taking YORVIPATH?

Before using YORVIPATH, tell your healthcare provider about all of your medical conditions, including if you:

- are at higher risk of a type of bone cancer called osteosarcoma. This is especially important:
  - if you have a bone disease that increases your risk of developing osteosarcoma (including if you have Paget's disease).
  - if a blood test shows that you have unexplained increases in bone alkaline phosphatase.
  - if you have cancer of the bones or other cancer that has spread to your bones.
  - if you are having or have had radiation therapy to the skeleton.
  - if you are affected with a condition that runs in your family that can increase your chance of getting cancer in your bones.

Please see Important Safety Information throughout and click here for full [Prescribing Information](#) for YORVIPATH and the [Medication Guide](#).

**Yorvipath**<sup>®</sup>  
palopegteriparatide  
Injection 300 mcg/mL

# Getting ready to travel

## 5 strategies for a successful trip

It's important to always be prepared when traveling. Use these tips to ensure you have everything covered before you leave:

- 1 Make sure your travel companions know what to do in case you require medical attention.**  
Let them know you have hypoparathyroidism and where they can find information on your medication(s).
- 2 Double check that you have enough YORVIPATH® for the entire trip.**  
Some insurance plans will only allow for a 1-month supply of prescription medications at a time. If you are traveling for longer than a month, work with your doctor and insurance company to get the amount of YORVIPATH you need.
- 3 Talk with your doctor if you are traveling with YORVIPATH.**  
You may need to adjust when to take your medicine due to the time difference. You may also be required to have your doctor complete a Letter of Medical Necessity for travel.
- 4 Ask your insurance provider if you have coverage when traveling internationally.**  
If yes, remember to bring your insurance cards with you. If not, consider buying additional insurance that covers healthcare at your destination.
- 5 If traveling abroad, look up the closest US embassy or consulate to your destination.**  
They can help you find local medical services and are available 24 hours a day, 7 days a week.

## IMPORTANT SAFETY INFORMATION AND USE

**Before using YORVIPATH, tell your healthcare provider about all of your medical conditions, including if you: (cont'd)**

- take medicines that contain digoxin, are used to treat osteoporosis, or can affect calcium levels in your blood.
- are pregnant or plan to become pregnant. It is not known if YORVIPATH will harm your unborn baby. Tell your healthcare provider if you become pregnant during treatment with YORVIPATH.
- are breastfeeding or plan to breastfeed. It is not known if YORVIPATH passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with YORVIPATH.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. YORVIPATH and other medicines may affect each other causing side effects.

### What are the possible side effects of YORVIPATH?

**YORVIPATH may cause serious side effects:**

- **Allergic (hypersensitivity) reaction, including anaphylaxis.** Stop taking YORVIPATH and tell your healthcare provider or get emergency medical help right away if you have swelling of your face, lips, mouth, or tongue, breathing problems, fainting, dizziness, feeling lightheaded (low blood pressure), fast heartbeat, itching, rash, or hives.
- **Decrease in blood pressure when you change positions (orthostatic hypotension).** Some people may feel dizzy, get a fast heartbeat, or feel light-headed right after injecting YORVIPATH. For the first few doses, give your injection of YORVIPATH in a place where you can sit or lie down right away if you get these symptoms. If your symptoms get worse or do not go away, contact your healthcare provider before you continue using YORVIPATH.
- **Digoxin toxicity if you are using digoxin and YORVIPATH at the same time.** Tell your healthcare provider if you experience irregular heart rhythm, heart palpitations, confusion, loss of appetite, nausea, vomiting, diarrhea, or vision problems.

**The most common side effects of YORVIPATH include** injection site reactions, vasodilatory signs or symptoms such as a drop in blood pressure or lightheadedness when standing up, headache, diarrhea, back pain, high calcium levels, and sore throat.

These are not all of the possible side effects of YORVIPATH. Call your doctor for medical advice about side effects.

**You are encouraged to report side effects to FDA at 1-800-FDA-1088 or at [www.fda.gov/medwatch](http://www.fda.gov/medwatch). You may also report side effects to Ascendis Pharma at 1-844-442-7236.**

**Please see Important Safety Information throughout and click here for full Prescribing Information for YORVIPATH and the Medication Guide.**



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Injection 300 mcg/mL